



Parkstone Yacht Club

Commodores' Challenge 2025

27th December 2025 (Reserve date 28th December 2025)

SAILING INSTRUCTIONS

1.0 Rules

The races will be sailed under the Racing Rules of Sailing 2025 – 2028 including Appendix C. These Sailing Instructions and any notices subsequently issued to competitors either in writing or verbally at the briefing shall also apply, including changes to the sailing instructions as dictated by conditions on the day (e.g. timings and number of races to constitute a regatta).

2.0 Notice to competitors

Notices to competitors will be posted on the official board online at [Open Sailing Events - Parkstone Yacht Club - Poole, Dorset](#) and/or delivered verbally at the briefing.

3.0 Briefing and communication to competitors

- 3.1 Competing helms and crews of both teams must attend a briefing at Parkstone YC in the Training Room at 09:20 on Saturday 27th December 2025.
- 3.2 The warning for the first race of the day will be at 10:45.
- 3.3 Communication with competitors on the water may be given on VHF Channel 37 by the Race Officer. The sail combination to be used during each race will be set by the Race Officer and communicated at the briefing. Further changes to sail plan will be communicated on VHF Channel 37.
- 3.4
 - a) Each yacht will be assigned a colour stern flag (blue or yellow) to identify the yachts for the purpose of penalties, recalls and first to the finish line.
 - b) At the briefing teams will toss a coin for boats and entry side.
 - c) Teams will alternate ends after each match and shall swap boats after odd matches.

4.0 Changes to the Sailing Instructions

Where possible any changes will be posted before 09:00 on the day of the event. However, additional details and changes may be made verbally at the briefing or via VHF channel 37.

5.0 Signals made ashore

Signals made ashore will be displayed on Parkstone Yacht Club flagstaff.

6.0 Schedule of Races

Five races are scheduled for the event.

The number of races may be fewer than scheduled dependent on the conditions.

7.0 Class Flags

The class flag will be Numeral Pennant 1.

8.0 The race area

The race area will be Poole Harbour, Poole Bay or Studland Bay in an area chosen by the Race Officer on the day.

9.0 The Courses:

All courses will be windward/leeward. The number of laps will be as per the following table. Signals shown from the Race Committee boat at or before the warning signal will indicate the course chosen. Marks W and L shall be rounded to starboard.

The leeward mark L may be laid to windward or leeward of the Start/Finish Line.

<u>Signal</u>	<u>Course</u>
Numeral 3	Start – W- L – W – L – W - Finish
No Signal	Start - W - L - W - Finish
W	Start - W - Finish

Mark W	o
Mark L	o
Start/Finish Line	o-----o
(alternative) Mark L	o

10.0 Marks

The marks will be orange inflatable buoys.

11.0 The Start.

11.1 The starting procedure will be as Appendix C 3.1.

11.2 The start line will be between the mast on the Committee Boat flying an Orange Flag and the outer distance mark, which will be a Dan Buoy with an Orange flag top mark.

12.0 The Finish

12.1 The finish line will be the same as the start line.

12.2 A yacht not finishing within 5 minutes of the winner shall be deemed to have retired.

13.0 The Penalty System

13.1 The penalty system is detailed in appendix C7 to the Racing Rules of Sailing 2025-2028.

13.2 The penalty for causing unnecessary damage to either competing yacht will be disqualification from the competition.

14.0 Time Limit

Any match in which neither competitor finishes within 45 minutes of the start signal shall be abandoned and re-sailed.

15.0 Protests

Protests will be heard by the Umpires immediately after the race in question.

16.0 Scoring

16.1 Will be accordance with RRS appendix C10. The winner will be the first team to reach 3 points.

16.2 In the event that the number of races is reduced by umpires due to conditions on the day, any tie will be resolved in favour of the team who has won the most recent match in the event

17.0 Safety Regulations

All competitors will at all times wear personal buoyancy whilst afloat (changes RRS 40)

18.0 Prizes

The challenge trophy will be awarded as soon as possible after racing at Parkstone Yacht Club.

END OF SAILING INSTRUCTIONS