



# The Poole Yacht Club

**Commodores Youth Challenge 2024**  
**27<sup>th</sup> December 2024 (Reserve date 28<sup>th</sup> December 2024)**

## SAILING INSTRUCTIONS

The event will be the best of 5 race series for the clubs' current youth teams.

### 1. Rules

The races will be sailed under the Racing Rules of Sailing 2021 – 2024 including Appendix C. These Sailing Instructions and any notices subsequently issued to competitors either in writing or verbally at the briefing shall also apply, including changes to the sailing instructions as dictated by conditions on the day (e.g. timings and number of races to constitute a regatta).

### 2.0 Notice to competitors

Notices to competitors will be posted on the official board online <https://www.pooleyc.co.uk/events/2024-12-27-commidores-challenge/> or delivered verbally at the briefing.

### 3.0 Briefing and communication to competitors

- 3.1 Competing helms and crews of both events must attend a briefing at Poole YC in the Club Room at 09:30 27<sup>th</sup> December 2024.
- 3.2 The warning for the first race of the day will be made as soon as possible after the briefing.
- 3.3 Racing will take place in Elan 333 Yachts provided by the owners. Teams will consist of 10 crew over 12 and under 18 years old on 27<sup>th</sup> December 2024. At least 2 of each crew on the boat must be of different gender from the rest of the crew (i.e. at least 2 male and 2 female on each boat). Substitutes may be swapped in between races. Names of all competitors and possible substitutes will be notified to the host Club by 21<sup>st</sup> December 2024.
- 3.4 Communication with competitors on the water may be given on VHF Channel 37 by the Race Officer. The sail combination to be used during each race will be set by the Race Officer and communicated at the briefing. Further changes to sail plan will be communicated on VHF Channel 37.
- 3.5
  - a) Each yacht will be assigned a colour stern flag (blue or yellow) to identify the yachts for the purpose of penalties, recalls and first to the finish line.
  - b) At the briefing teams will toss a coin for boats and entry side.
  - c) Teams will alternate ends after each match and shall swap boats after odd matches.

### 4.0 Changes to the Sailing Instructions

Where possible any changes will be posted before 09:00 on the day of the event. However, additional details and changes may be made verbally at the briefing or via VHF channel 37.

## 5.0 Signals made ashore

Signals made ashore will be displayed on The Poole Yacht Club flagstaff.

## 6.0 Schedule of Races

Five races are scheduled for the event.

The number of races may be fewer than scheduled dependent on the conditions.

## 7.0 Class Flags

The class flag will be Numeral Pennant 1.

## 8.0 The race area

The race area will be Poole Harbour, in an area chosen by the Race Officer on the day.

## 9.0 The Courses:

All courses will be windward/leeward. The number of laps will be as per the following table. Signals shown from the Race Committee boat at or before the warning signal will indicate the course chosen. Marks W and L shall be rounded to starboard.

The leeward mark L may be laid to windward or leeward of the Start/Finish Line.

<u>Signal</u>	<u>Course</u>
Numeral 3	Start – W- L – W – L – W - Finish
No Signal	Start - W - L - W - Finish
W	Start - W - Finish
Mark W	o
Mark L	o
Start/Finish Line	o----o
OR Mark L	o

## 10.0 Marks

The marks will be orange inflatable buoys

## 11.0 The Start.

11.1 The starting procedure will be as Appendix C 3.1. The warning signal will be Numeral Pennant 1

11.2 The start line will be between the mast on the Committee Boat flying an Orange Flag and the outer distance mark, which will be a Dan Buoy with an Orange flag top mark.

## 12.0 The Finish

The finish line will be the same as the start line

A yacht not finishing within 5 minutes of the winner shall be deemed to have retired.

### **13.0 The Penalty System**

13.1 The penalty system is detailed in appendix C7 to the Racing Rules of Sailing 2021-2024

13.2 The penalty for causing unnecessary damage to either competing yacht will be disqualification from the competition.

### **14.0 Time Limit**

Any match in which neither competitor finishes within 45 minutes of the start signal shall be abandoned and re-sailed.

### **15.0 Protests**

Protests will be heard by the Umpires immediately after the race in question.

### **16.0 Scoring**

Unless the number of races is reduced by the umpires due to conditions on the day, the winner will be:

- the first to score 3 points for the Commodores Challenge event.

### **17.0 Safety Regulations**

All competitors will at all times wear personal buoyancy whilst afloat (changes RRS 40)

### **18.0 Prizes**

The challenge trophy will be awarded as soon as possible after racing in the club house.

### **19.0 Disclaimer of Liability**

The Competitors participate in the challenge entirely at their own risk, See rule 4 “Decision to Race”. The organizing Authority will not accept any liability for material damage or personal injury sustained in conjunction with or prior to, during, or after the event.

### **20.0 Insurance**

Each participating boat shall be insured with third –party liability insurance with a minimum cover of £3 million for the event.